



# A retirement home for everyone

How is the everyday life in the retirement home Peder Lykke Centre?

# **Welcome to the Peder Lykke Centre — The first diversity retirement home in Denmark**

The residents in a diversity retirement home come from various ethnic and cultural backgrounds. You will find both residents and employees with multiple ethnic origins including Danish. Your neighbours in the home are likely to speak various languages, have diverse interests and practice different religions.

At the Peder Lykke Centre, we respect the resident's diverse habits of life. In fact, the various way of living is one of the strengths of the Peder Lykke Centre. By supporting the resident's individual habits, including religion and personal interests, we create a safe environment and a good everyday life in the home.

It is an integrated part of the employees' work to consider every resident as a unique person. The employees have professional skills to support and encourage different ways of living.



The employees of the retirement home speak more than 15 different languages and come from more than 20 different countries.



### **The intercultural room**

The intercultural room is equipped with a projector and lights which make it possible to transform the room to among others a mosque and a church. The purpose of the room is to meet the various interests and needs of the residents. Therefore, the room is available to all kinds of activities on the resident's initiative or activities instituted by employees. Among other things, we have used the intercultural room to host Filipino Christmas. If you wish to practice your religion on your own, meditate or find peace, we have a quiet room available.

*"I feel welcome in this home. There is room to be me."*





I am very happy that we are many different residents living at the Peder Lykke Centre. It makes me comfortable that we can live together and at the same time have our own private space.

**Maria Magdalena Nielsen,  
80 years old, from the  
Philippines**



# Questions and answers

## **Are there many residents at the Peder Lykke Centre who have a different ethnic background than Danish?**

At the Peder Lykke Centre, we have residents from more than 15 different countries, however, the majority have a Danish background. In the retirement home, people with different ethnic and cultural backgrounds live side by side. In the Peder Lykke Centre, there is a day school and an activity centre for senior citizens which have members from several ethnic and cultural groups.

## **How do I live in a diversity retirement home?**

You can furnish and decorate your private unit as you wish. In your private unit, you will find a living room and a bathroom. During day and night, qualified members of staff will be on duty and ready to help you with the personal care you need. In the home, there are communal areas that you can use. Here, you can also spend time with friends and family.

## **What kind of food is being served?**

It is important to us that everyone enjoys the food we serve. Therefore, everyone has an influence on the menu. If you wish, we can provide you with a detailed list of the ingredients being used along with a description of how the food is prepared in our kitchen. The staff in the kitchen are trained to meet various personal needs. Every month, the kitchen draws up a menu for the following month which is available to everyone. There is always an option for residents who wish to eat halal. If you have a specific request for the menu, please let the kitchen know.



### **Can I keep seeing my friends and family as much when I move to the diversity retirement home?**

When you live in the Peder Lykke Centre, it is considered your private home. Therefore, you can have as many visitors as you wish. Many relatives experience that it is easier to visit their loved one in a retirement home with qualified employees who can take care of the nursing. Besides this, in the retirement home, you will always have people around you who you can choose to spend time with. Also, there are various activities that you can take part in every day.

### **Who makes the decisions in the diversity retirement home?**

When you move into the home, you will live in your private home which you are in charge of and can furnish and decorate in any way you wish. Likewise, it is up to you how many activities you want to participate in, what religion, if any, you wish to practice, and what you want to eat. It is of great importance to us to listen to you and your family, and we ought to do everything possible to ensure that you can continue to live your life the same way you always have done.

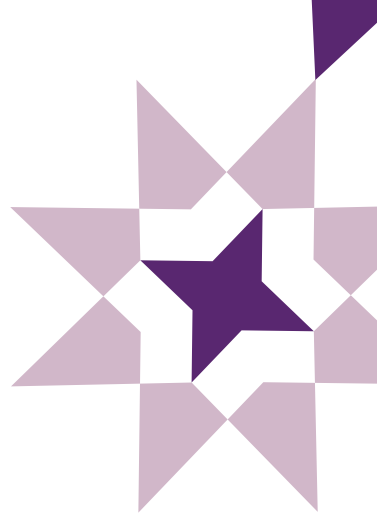
### **Do you celebrate festive seasons other than those traditionally celebrated in Denmark?**

We are constantly learning about new traditions from around the world. Besides the Danish traditions, we have celebrated the Chinese New Year, Filipino Christmas, October fest, Eid and many more. Furthermore, we have an annual diversity festival with multiple countries represented, having a booth where they share food and cultural objects and artefacts. We are curious about new traditions and cultures. Thus, we make an effort to continue making new traditions based on the residents' diverse backgrounds. We are always open to new traditions. If you have any wishes, please let us know.

### **Will I be cared for by a member of staff who can speak my language?**

You will be cared for by a member of staff who are best suited professionally to care for your personal needs. We cannot guarantee that there will always be an employee who speaks your language, however, the employees speak more than 20 different languages altogether, hence it is likely that an employee who speaks your language can be involved in your daily care.





With an activity centre, day school, retirement home, shopping, café and a lot more under one roof, all your daily tasks can be taken care of in the Peder Lykke Centre.

### **Can I practice my religion?**

Yes, we welcome all religions in the Peder Lykke Centre. Everyone can practice the religion they desire either in their private unit, the intercultural room or the quiet room, which is furnished to suit those needs. Moreover, we aim at celebrating religious and cultural festivals together.



### **How much does it cost to live in the diversity retirement home?**

You pay for your expenses as you would do in any private home. Expenses include among other things a deposit, rent, electricity, heating, TV-licence fee, phone subscription and food.

### **What do I do now if I want to move into the diversity retirement home?**

In order to move into a retirement home, you have to contact the district office. You can call and make an appointment on **phone +45 33 66 33 66**. A health officer will then evaluate whether you meet the criteria for living in a retirement home. The evaluation is based on the rules and regulations of the city council which is all set by the politicians. When they have carried out the evaluation, they will tell you about your options. You can then express your desire to live in the retirement home of the Peder Lykke Centre.

# There are many ways of cultivating one's interests in the Peder Lykke Centre



## **What do I do now if I want to move into the diversity retire- ment home?**

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## Contact

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