



# Care Home for Everyone

A photograph showing a young woman with dark hair and a man with a shaved head and a goatee working together on a garden. They are both wearing dark blue t-shirts. The woman is smiling and looking towards the camera, while the man is focused on the task. They are using red garden tools to work on a raised garden bed filled with soil and small plants. In the background, there's a modern building with large windows and some greenery. The overall atmosphere is one of collaboration and care.

What is life like at the Peder Lykke Centre Care Home?

# Welcome to the Peder Lykke Centre — A place for everyone.

The Peder Lykke Centre is Denmark's first diversity-focused care home, home to residents from around 20 different countries. Every day, the Peder Lykke Centre strives to embrace a world of life, with all the differences and opportunities that arise when residents and staff from across the globe come together under one roof.

At the Peder Lykke Centre, we respect the diverse ways our residents choose to live their lives and view their unique cultural backgrounds and stories as a strength. We create a safe and supportive environment, providing positive daily experiences by focusing on what brings quality of life to each individual – whether that's related to religion, interests, traditions or dietary preferences. The staff's approach to the care home residents is grounded in the belief that everyone is a unique individual.

Our employees come from more than 20 countries, bringing their linguistic and cultural competencies to foster an inclusive and diverse care home that truly has room for everyone.



Staff members speak over 15 languages and represent more than 20 nationalities.



#### **The Intercultural Room**

The Intercultural Room is equipped with projectors and lighting, allowing us to transform the room into a mosque, church, natural setting, or something entirely different. The purpose is to meet the varied interests of our residents.

The room is available for all activities initiated by the residents, as well as for events organised by the staff. For those wishing to practise their faith, meditate, or simply find peace alone, we also offer a Quiet Room.

**“I’m very happy that we have so many different residents at the Peder Lykke Centre. We live together but can also have our own space.**

# Questions and Answers

## **Do many residents at the Peder Lykke Centre come from different countries?**

At the Peder Lykke Centre, we have residents from around 20 different countries, though the majority of residents are ethnically Danish. You will live alongside people who speak various languages and have different ethnic and cultural backgrounds in the care home. Our Day School and Activity Centre are also frequented by citizens from across the globe.

## **What is it like to live at a diversity-focused care home?**

You can decorate your own private living space however you wish. It is your own personal space, complete with a living room, shower, and toilet. You decide when and whom you would like to have as visitors. There are also communal areas available to use, where you're welcome to spend time with other residents, family, and friends. The care home always has trained staff available to provide the care and support you need. If you have a preference for the gender of the caregiver assisting you, we will do our best to accommodate your wishes.

## **What kind of food can I have?**

We ensure that everyone can enjoy the meals we prepare, and all residents have a say in what is served. You are always welcome to ask about the ingredients we use and how the food is prepared in our kitchen. Our kitchen staff are trained to prepare meals that cater to a



variety of needs. Each month the kitchen creates a meal plan for the upcoming month, offering the option of a halal dish every day. The centre staff are always happy to hear if you have specific requests regarding the meals served.

#### **Can I still spend as much time with my family and friends after moving to the diversity-focused care home?**

When you live at the Peder Lykke Centre, you will have your own private living space, where you can welcome visitors as often as you like. In fact, many relatives find they have more quality time to spend together as a family because the staff take care of the daily care tasks. As a resident, you will always have people around you and the opportunity to participate in a variety of daily activities. The Peder Lykke Centre also hosts numerous celebrations throughout the year, marking different cultural festivals, where family and friends are warmly invited to join in.

#### **Who decides for me at the diversity-focused care home?**

When you move in, you will have your own private living space, which you can decorate as you please. You also decide how many activities you want to take part in, which religion you practice, and what you eat. We place great importance on listening to you and your loved ones, and do everything we can to ensure you can live your life as you always have and as you wish.

#### **Do you celebrate festivals other than Danish ones?**

We are continually learning about traditions from around the world. For example, we have celebrated Chinese New Year, Filipino Christmas, Newroz, and Eid. Additionally, we hold an annual diversity festival where various countries and holidays are represented through music and food in garden tents. We are curious about new traditions and often take steps to reflect the residents' diverse backgrounds in



With an Activity Centre, Day School, Care Home, shopping options, café, and much more under one roof, you can take care of your daily errands without leaving the Centre.

the events we organise. If you have a specific wish for a celebration, we are very open to new ideas.

#### **Will there be a staff member who speaks my language?**

You will receive care from a staff member best qualified to meet your needs. While we cannot guarantee that there will always be a staff member who speaks your language, with over 15 languages spoken among our employees, it is often possible to find someone who does.

#### **Can I practise my religion?**

Yes, all religions are welcome at the Peder Lykke Centre. You can practise your faith in your own private living space, in our Intercultural Room, or in the Quiet Room, which is designed for this purpose. We also strive to celebrate festivals from various religions and cultures together as a community.

# At the Peder Lykke Centre, there are many opportunities to pursue your interests.

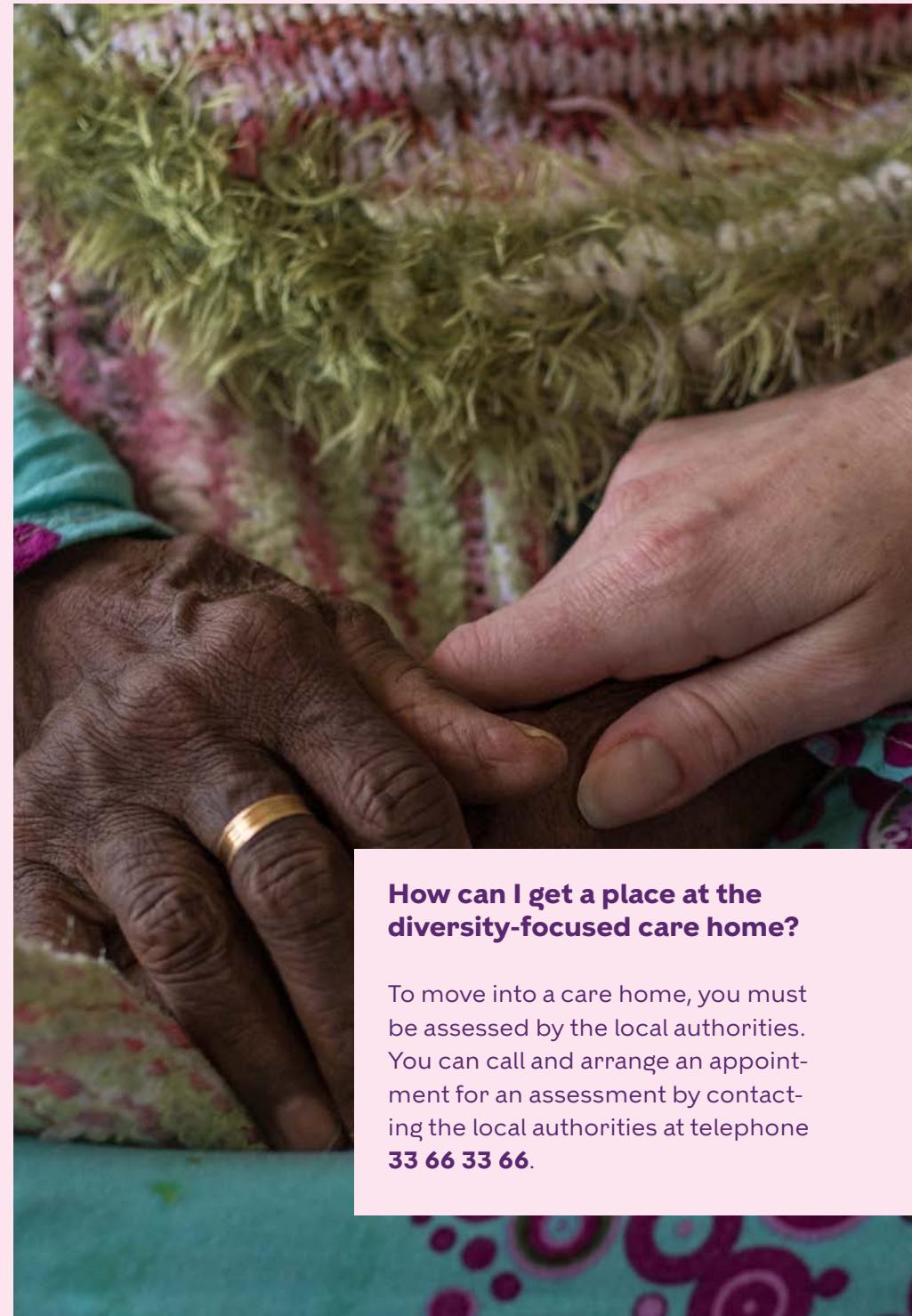
## How much does it cost to live at the diversity-focused care home?

You will need to pay for your expenses as you would in any private living space. This includes, for example, a deposit, rent, electricity, heating, TV licence, telephone subscription, and food. Your rent will be calculated based on your personal income.

## How can I get a place at the diversity-focused care home?

To move into a care home, you must be assessed by the local authorities. You can call and arrange an appointment for an assessment by contacting the local authorities at telephone **33 66 33 66**. During this assessment, they will determine whether you qualify for a place. The decision is based on the local authorities' rules and service levels, which are set by local policymakers. Once you have been assessed, the local authorities will inform you of your options, and you can express your wish to live at the Peder Lykke Centre. If you need assistance navigating the local healthcare services, you can contact the Ethnic Resource Team at the Peder Lykke Centre. A resource specialist can support you during the assessment process.

You are always welcome to reach out to us if you or your family have any questions.



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# Contact

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