## RETIREMENT HOME FOR EVERYONE

### The Peder Lykke Centre - a diversity retirement home





# **CAN ONE FEEL AT HOME** IN A RETIREMENT HOME IN DENMARK?

### The Peder Lykke Centre

- a diversity retirement home

Welcome to the Peder Lykke Centre – Copenhagen's first diversity retirement home.

The residents of a diversity retirement home come from various ethnic and religious backgrounds and speak a variety of different languages. Residents here come from both Danish and other ethnic backgrounds. It is more than likely that your closest neighbours speak other languages and practice other religions.

### EACH INDIVIDUAL IS UNIQUE

At the Peder Lykke Centre we respect your way of life. It is important for us that, for the most part, you can continue to live your life the same way you always have done – including the way in which you practice your religion and engage in various pastimes. We are used to working with people with different backgrounds. The fact that a number of ethnic minorities have already begun to make use of the services and activities available through our activity centre and daytime folk high school has also provided us with relevant experience.

# **QUESTIONS** AND ANSWERS

#### DO YOU HAVE A LOT OF RESIDENTS WHO ARE NON-ETHNIC DANES AT THE PEDER LYKKE CENTRE?

Not yet. However, a number of non-ethnic Danes have begun to make use of our activity centre and daytime folk high school. We hope that you would like to contribute to making the Peder Lykke Centre a place where ethnic minorities would like to live. Current residents look forward to meeting new neighbours with different life-stories.

WHAT KIND OF FOOD DO YOU SERVE?

It is important that all residents can eat the food we make. We can provide you with a detailed list of the ingredients we use, along with a description of the way in which the food is prepared in our kitchen. Our kitchen-staff is trained in handling different needs.

Yes. E

### WILL I BE ABLE TO PRACTICE MY RELIGION?

Yes. Everyone is welcome at the Peder Lykke Centre. Everyone is given the opportunity to practice their religion, either in their own private residential unit, or in the room that we will set up for that purpose.

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DO YOU CELEBRATE FESTIVE SEASONS OTHER THAN THOSE TRADITIONALLY CELEBRATED IN DENMARK?

We are open to celebrating all the festive seasons our residents would like to celebrate – both those we have a tradition of celebrating, and those that new residents bring with them.



### WHAT LIVING CONDITIONS WILL I HAVE AT THE RETIREMENT HOME?

You will have your own private residential unit, which you can decorate as you like and furnish with your own furniture and belongings. You will have your own bath and toilet facilities. The retirement home is manned around the clock by staff members who are professionally trained to provide the personal care you need. We also have some communal areas that you are welcome to use. Your family and friends are more than welcome at the Peder Lykke Centre.



### HOW DOES YOUR STAFF WORK WITH ETHNIC DIVERSITY?

At the Peder Lykke Centre staff members are trained so that they have an understanding of residents with foreign backgrounds. We place great emphasis on listening to you and your family. Between two and three members of the staff in each department come from a non-ethnic Danish background.





### WILL I BE CARED FOR BY A MEMBER OF STAFF WHO CAN SPEAK MY LANGUAGE?

You will be assisted by the staff member who is best suited, professionally speaking, to providing you with the personal care you need. It will not always be possible to be assisted by a member of staff who speaks your language, but we will, if possible, involve other members of staff in your care.



### HOW MUCH DOES IT COST TO LIVE AT THE DIVERSITY RETIREMENT HOME?

You have to pay for your own expenses just as you would in any other private residence. Expenses include: deposit, rent, electricity, heating, TV-licence, telephone subscription, food, etc.



### WHO DO I CONTACT FOR MORE INFORMATION?

If you have more questions, feel free to contact us directly at the following telephone number: 32 34 43 87. You are also welcome to come and visit us at the Peder Lykke Centre, and see what we have to offer.



### WHAT DO I NEED TO DO IF I WOULD LIKE TO LIVE AT THE PEDER LYKKE CENTRE?

You have to contact the district office at telephone number: 33 66 33 66, and make an appointment with a health officer. The health officer will evaluate whether or not you can be referred to extra care housing. The evaluation is based on the city council's rules and regulations and service level, all of which are set by the politicians. Special rules may apply for foreign citizens or Danish citizens, depending upon the length of time they have lived in Denmark. The fact that we, the residents of the Peder Lykke Centre, come from diverse backgrounds makes me happy. So, too, does the fact that while we live together, we can also retire to our own private sphere. JJ

> Maria Magdalene Nielsen, 74 years of age, from the Philliṗines

The Peder Lykke Centre consists of a diversity retirement home, an activity centre and daytime folk high sc<u>hool.</u>

The Peder Lykke Centre collaborates closely with UrbanPlanen, other networks and voluntary organisations.



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### See you soon!

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### PEDER LYKKE CENTRET

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